



## Information Pack





Dear Seekers of Healing and Transformation,

I extend a warm and heartfelt welcome to each of you as you embark on a profound journey into the realms of HypnoShamanic healing and exploration. I am David Campbell, known as "Laughing Crow," and I am honored to be your guide and facilitator in this transformative endeavor.

With over twenty years of experience in spiritual teaching, mentoring, and practicing shamanism, I have had the privilege of learning from wise elders and shamans from diverse shamanic and indigenous cultures, including American and Aboriginal traditions. These invaluable experiences have shaped and enriched my understanding of the subtle energies that weave through all of existence.

Through the fusion of Hypnosis, Shamanic Breathing, Journeying, and Holistic Counselling, HypnoShamanic Journeying Therapy offers a powerful and integrated approach to healing and growth. In the Foundational and Advanced Online Courses, we will delve into the depths of the energetic body, harnessing the power of Shamanic Breathing and Journeying techniques to journey beyond the physical.

Together, we will connect with spirit allies, power animals, and ancestral energies, unlocking the profound guidance and healing they offer. We will explore the language of the aura and chakra systems, gaining invaluable insights into our overall well-being and the interconnectedness of mind, body, and spirit.

As a practitioner of HypnoShamanic Journeying Therapy, you will not only learn an array of shamanic energy healing techniques, but you will also discover the art of energy clearing, soul retrieval, and the transformative potential of Holistic Counselling and Integration.

These courses have been thoughtfully crafted to provide you with a comprehensive and transformative learning experience, empowering you to facilitate healing and growth in yourself and others. You will discover the profound impact of integrating the ancient wisdom of our ancestors with the modern techniques of hypnosis and holistic counseling.

I invite you to embrace this sacred opportunity to immerse yourself in the magic of HypnoShamanic Journeying Therapy. Together, we will co-create a space of healing, growth, and spiritual connection where you can awaken to the depths of your soul and uncover the hidden treasures within.

I am thrilled to walk this path with you, and I have no doubt that our collective journey will be one of profound self-discovery, empowerment, and holistic transformation. With laughter, wisdom, and a heart full of gratitude,

David "Laughing Crow" Campbell  
Founder and Creator of HypnoShamanic Journeying Therapy



# I. Introduction A. Overview of HypnoShamanic Journeying Therapy (HSJ)

HypnoShamanic Journeying Therapy (HSJ) is a transformative and holistic approach that fuses the ancient wisdom of shamanic practices with modern techniques of hypnosis and integrative counseling. It is a powerful modality that delves into the realms of the subconscious mind, the energetic body, and the spiritual dimensions to facilitate healing, growth, and self-discovery.

At the core of HSJ is the incorporation of Shamanic Breathing, a technique that induces altered states of consciousness, enabling individuals to access non-ordinary reality. Through Shamanic Breathing, participants can journey beyond the confines of the physical realm and connect with spiritual allies, power animals, and ancestral energies. These spirit allies offer profound guidance, wisdom, and healing energies to support the healing journey.

Hypnosis is another integral element of HSJ, which allows practitioners to access the subconscious mind and work with deeply rooted patterns, beliefs, and emotions. By accessing the subconscious, HSJ empowers individuals to release limiting beliefs, heal past traumas, and transform self-destructive patterns, unlocking the potential for profound personal growth.

Journeying is a fundamental practice within HSJ, where individuals embark on inner journeys to explore the subtle energies and dimensions beyond the physical. Guided by skilled practitioners, participants traverse the landscapes of the mind, encountering symbolic representations, spirit guides, and transformative experiences. These journeys offer valuable insights, healing, and spiritual connections, supporting the integration of the subconscious and conscious minds.

Integrative Counseling plays a crucial role in HSJ, providing a supportive framework for individuals to process and integrate their journey experiences into their everyday lives. Practitioners offer guidance, reflection, and counseling to help individuals understand the symbolism and messages received during their journeys. This integration phase ensures that the healing and transformation experienced in non-ordinary reality are woven into the fabric of everyday existence.

Through the fusion of Shamanic Breathing, Hypnosis, Journeying, and Integrative Counseling, HSJ offers a comprehensive and multidimensional approach to healing and personal growth. It addresses the interconnected aspects of the individual's being—physical, emotional, mental, and spiritual—creating a cohesive and transformative journey towards wholeness and alignment with the greater flow of life. HSJ opens the doors to profound self-awareness, empowerment, and spiritual connection, guiding individuals on a path of profound healing and awakening.



## B. Explanation of the Online Courses - Foundational and Advanced

**Foundational Course:** The Foundational Course in HypnoShamanic Journeying Therapy serves as a gateway to this transformative modality, offering a comprehensive introduction to the fusion of shamanic practices, hypnosis, journeying, and integrative counseling. Whether you are new to the world of shamanism and hypnosis or have some prior experience, this course is designed to provide a solid grounding in the fundamental principles and techniques of HSJ.

### Course Highlights:

- **Shamanic Breathing:** Learn the art of Shamanic Breathing, a powerful technique to induce altered states of consciousness and access non-ordinary reality. Explore the realms beyond the physical and connect with spirit allies, power animals, and ancient wisdom.
- **Hypnosis:** Discover the principles and practices of hypnosis as a tool to access the subconscious mind. Explore how to work with deeply rooted patterns, beliefs, and emotions to facilitate healing and personal growth.
- **Journeying:** Embark on inner journeys under the guidance of experienced practitioners. Explore the landscapes of your mind, encounter symbolic representations, and receive profound insights and healing from the spiritual realms.
- **Integrative Counseling:** Explore the art of integrative counseling and learn how to process and integrate your journey experiences into your daily life. Receive guidance and support to understand the symbolism and messages received during your journeys.
- **Foundation of Healing:** Understand the interconnected aspects of your being - physical, emotional, mental, and spiritual - and how HSJ addresses each dimension to facilitate holistic healing and transformation.

**Advanced Course:** The Advanced Course in HypnoShamanic Journeying Therapy takes your journey to the next level, delving deeper into the intricacies of the fusion between shamanic practices, hypnosis, journeying, and integrative counseling. This course is designed for those who have completed the Foundational Course or have prior experience with HSJ and are eager to expand their knowledge and skills.

### Course Highlights:

- **Advanced Shamanic Techniques:** Deepen your understanding of shamanic practices and explore advanced techniques in Shamanic Breathing, journeying, and connecting with spirit allies. Enhance your ability to access spiritual realms and receive profound guidance and healing.
- **Hypnotic Techniques:** Expand your repertoire of hypnotic techniques and explore how to work with complex issues, past traumas, and subconscious blockages. Refine your skills as a practitioner to support more profound and transformative healing.
- **Soul Retrieval and Extraction:** Learn the art of soul retrieval and extraction, powerful shamanic techniques to heal soul fragmentation and remove energetic intrusions. Explore how to restore vitality and balance to the energetic body.
- **Ethical Considerations:** Dive into the ethical considerations and responsibilities of working as a HSJ practitioner. Gain insights into creating safe and sacred spaces for healing and the importance of integrity and respect in your practice.
- **Integration and Mastery:** Focus on the integration of HSJ techniques and practices into your personal and professional life. Achieve mastery in guiding others through their healing journey and develop a deeper connection with your own spiritual path.

Both the Foundational and Advanced Courses provide a supportive and immersive learning experience, offering a harmonious blend of theory, practical exercises, and experiential learning. As you progress through these courses,



you will not only acquire valuable skills but also embark on a profound personal journey of self-discovery and transformation. [Click Here](#) to see the Foundational and Advanced Course Outline

We are thrilled to accompany you on this empowering adventure into the realms of HypnoShamanic Journeying Therapy. Together, we will explore the depths of healing, awakening, and spiritual connection, enriching your life and the lives of those you touch with your newfound wisdom and skills. Get ready to embrace the magic and transformative power of HSJ!



## C. Benefits of HypnoShamanic Journeying Therapy

HypnoShamanic Journeying Therapy (HSJ) offers a wide range of benefits that encompass physical, emotional, mental, and spiritual aspects of an individual's well-being. As a holistic and integrative approach, HSJ taps into the profound wisdom of shamanic practices, hypnosis, journeying, and integrative counseling to facilitate healing and transformation. Here are some of the key benefits of HypnoShamanic Journeying Therapy:

- **Inner Healing and Self-Discovery:** HSJ allows individuals to explore the depths of their subconscious mind and access non-ordinary reality. Through inner journeys, they can gain profound insights, identify root causes of issues, and engage in deep inner healing. The process promotes self-awareness and self-discovery, helping individuals understand their patterns, beliefs, and emotions for personal growth.
- **Spiritual Connection and Guidance:** Connecting with spirit allies, power animals, and spiritual guides during the journeying process opens a doorway to the spiritual realms. HSJ provides individuals with access to ancient wisdom and spiritual guidance, fostering a deeper connection with their spiritual path and higher self.
- **Stress Reduction and Relaxation:** The combination of shamanic breathing, hypnosis, and journeying induces a state of deep relaxation and inner calm. This relaxation response reduces stress, anxiety, and tension, promoting overall well-being and supporting the body's natural healing mechanisms.
- **Release of Emotional Blockages:** HSJ enables individuals to address and release emotional blockages and unresolved traumas. By working with the subconscious mind and spiritual allies, HSJ helps individuals process and



heal deep-seated emotional wounds, leading to emotional liberation and increased emotional resilience.

- **Integration of Mind, Body, and Spirit:** HSJ recognizes the interconnectedness of all aspects of an individual's being - physical, emotional, mental, and spiritual. By addressing imbalances on multiple levels, HSJ fosters integration and alignment, promoting a sense of wholeness and harmony.
- **Empowerment and Self-Empowerment:** HSJ empowers individuals to take an active role in their healing journey. As they gain insights, receive guidance, and experience healing, they develop a sense of agency and self-empowerment to make positive changes in their lives.
- **Personal Growth and Transformation:** The transformative nature of HSJ promotes personal growth and transformation. Individuals experience profound shifts in their perception, belief systems, and behavior, leading to positive changes and a greater sense of purpose and fulfillment.
- **Support for Physical Healing:** HSJ complements and enhances traditional medical treatments by addressing the energetic aspects of illness and supporting the body's natural healing processes. By restoring balance and vitality to the energy body, HSJ can contribute to improved physical health and well-being.
- **Enhancing Intuition and Creativity:** Engaging with the spiritual realms and accessing higher states of consciousness during journeying can enhance intuition and creativity. HSJ helps individuals tap into their inner wisdom, fostering innovative thinking and problem-solving skills.
- **Connection and Community:** HSJ often fosters a sense of connection and community among practitioners and participants. Sharing journey experiences, insights, and support in a safe and sacred space creates a sense of belonging and unity.

Overall, HypnoShamanic Journeying Therapy offers a holistic and transformative approach to healing and personal growth. Its combination of ancient shamanic practices and contemporary therapeutic modalities provides a profound and unique opportunity for individuals to awaken their inner healing potential and embrace the magic of their journey.

## D. Certification and Continuing Education

At our HypnoShamanic Journeying Therapy (HSJ) Online Learning Platform, we take pride in offering comprehensive certification and continuing education opportunities for aspiring practitioners. Our certification process is designed to recognize and validate your proficiency in HSJ techniques, ensuring that you are equipped to provide transformative healing experiences for yourself and your clients.



- **Certified HSJ Practitioner (After Foundational Course):** Upon successful completion of the Foundational Course in HypnoShamanic Journeying Therapy, you will be awarded the title of "Certified HSJ Practitioner." This certification acknowledges your foundational knowledge and practical skills in combining shamanic breathing, hypnosis, journeying, and integrative counseling in the context of HSJ. As a Certified HSJ Practitioner, you can confidently integrate HSJ techniques into your existing healing practices or begin offering HSJ sessions to clients.
- **Certified Advanced HSJ Practitioner (After Advanced Course):** After completing the Advanced Course in HypnoShamanic Journeying Therapy, you will be recognized as a "Certified Advanced HSJ Practitioner." This advanced certification signifies your expertise and proficiency in utilizing advanced HSJ techniques, working with more complex issues, and navigating deeper realms of consciousness. As a Certified Advanced HSJ Practitioner, you can expand your practice and offer more specialized and transformative healing experiences to your clients.
- **Master HSJ Practitioner (After Completing Advanced Course and Further Training):** For those seeking to reach the highest level of mastery in HSJ, we offer the opportunity to become a "Master HSJ Practitioner." This prestigious certification is achieved after completing the Advanced Course and engaging in additional training and mentorship. As a Master HSJ Practitioner, you will have an exceptional level of skill, knowledge, and experience in HSJ. This certification opens doors to advanced teaching opportunities, mentoring roles, and the ability to lead transformative workshops and retreats.

**Continuing Education and Professional Development:** Our commitment to your growth and development as a HSJ practitioner doesn't end with certification. We offer ongoing opportunities for continuing education, advanced workshops, and specialized training in specific areas of HSJ. As you continue to expand your knowledge and skills, you will be eligible for additional certifications, further enhancing your expertise in this powerful healing modality. Join us on this transformative journey of personal and professional growth through HypnoShamanic Journeying Therapy. Our certification process is designed to support your evolution as a healer and guide, empowering you to facilitate profound healing experiences for yourself and others. Embrace the path of HSJ and become a catalyst for positive change in the world.

## E. Integrating HypnoShamanic Journeying Therapy into Existing Therapies or Practices

Integrating HypnoShamanic Journeying Therapy (HSJ) into existing therapies or practices can enhance the effectiveness and depth of the healing process, providing a holistic and multi-dimensional approach to therapy. Here are some ways to integrate HSJ into different therapeutic modalities:

- **Integrative Counseling:** HSJ can be integrated into traditional counseling or psychotherapy practices as a complementary technique. The combination of shamanic journeying and hypnosis can help clients access deeper layers of their subconscious mind, explore root causes of issues, and receive spiritual guidance. It enriches the therapeutic experience by providing clients with unique insights and tools for healing and personal growth.
- **Mindfulness-Based Therapies:** Mindfulness practices and shamanic journeying share common elements, such as altered states of consciousness and inner exploration. Integrating HSJ into mindfulness-based therapies can deepen clients' mindfulness experiences and foster a stronger connection with their intuition and spiritual insights.
- **EMDR (Eye Movement Desensitization and Reprocessing):** HSJ can complement EMDR therapy by incorporating shamanic journeying techniques to access and process traumatic memories or experiences. Journeying can provide a safe and supported environment for clients to revisit traumatic events, reprocess them, and integrate healing at a deeper level.
- **Energy Healing Modalities:** For practitioners of energy healing modalities like Reiki or Healing Touch, incorporating HSJ can enhance their ability to identify and address energetic imbalances. Shamanic journeying can provide additional information and guidance on the underlying causes of energetic disruptions, making energy healing sessions more targeted and effective.



- **Expressive Arts Therapy:** HSJ can be integrated into expressive arts therapy as a way to tap into clients' creative imagination and access inner wisdom. The combination of journeying and expressive arts allows clients to express and process emotions, symbols, and insights in a unique and transformative way.
- **Body-Centered Therapies:** For body-centered therapies such as somatic experiencing or body psychotherapy, HSJ can complement the exploration of stored traumas and emotions in the body. The combination of shamanic journeying and body-centered approaches can support clients in releasing physical and energetic blockages.
- **Addiction Recovery Programs:** HSJ can be integrated into addiction recovery programs to support clients in addressing underlying emotional and spiritual aspects of addiction. The journeying process can help individuals explore the root causes of addictive behaviors and receive guidance on their path to recovery and healing.
- **Life Coaching and Personal Development:** Integrating HSJ into life coaching or personal development practices offers clients a unique tool to gain clarity on their life purpose, set intentions, and receive guidance from their inner wisdom and spiritual allies.

Integrating HSJ into existing therapies or practices requires appropriate training and a comprehensive understanding of both shamanic journeying and therapeutic modalities as can be found in our Foundational and Advanced Courses. Practitioners should follow ethical guidelines and consider clients' readiness for exploring spiritual and non-ordinary experiences. When done with sensitivity and skill, integrating HSJ can lead to profound and transformative healing experiences for clients, expanding the possibilities for holistic growth and well-being.



## F. Online Learning Platform

Our platform is designed to be user-friendly, providing you with easy-to-follow lessons, modules, and quizzes to enhance your understanding and application of HypnoShamanic Journeying Therapy.

Key Features of Our Online Learning Platform:

- **Easy Navigation:** Our platform is intuitively designed for easy navigation, ensuring a smooth learning experience. You can easily access your courses, modules, and resources with just a few clicks.
- **Comprehensive Modules:** Each course is divided into well-structured modules, covering different aspects of HypnoShamanic Journeying Therapy. Each module builds upon the previous one, offering a progressive and in-depth learning journey.
- **Engaging Lessons:** Our lessons are designed to be engaging and interactive, incorporating multimedia elements such as videos, audios, and visual aids. You will have the opportunity to watch demonstrations, listen to guided journeys, and participate in experiential exercises.
- **Quizzes and Assessments:** Throughout the courses, you will find quizzes to reinforce your understanding of the material. These quizzes are designed to be informative and enjoyable, providing instant feedback on your progress.
- **Assignments:** To deepen your learning and practical skills, selected courses include assignments that allow you to apply the techniques learned. These assignments may include case studies, journaling, or guided practice sessions.
- **Video and Audio Assessments:** As part of your learning journey, you will have the opportunity to complete vi-



deo and audio assessments. These assessments provide an opportunity for you to showcase your proficiency in applying HypnoShamanic Journeying Therapy techniques.

- **Mobile-Friendly:** Our platform is fully optimized for mobile devices, allowing you to access your courses and resources on-the-go. You can learn at your own pace, anytime and anywhere.
- **Supportive Community:** As a part of our online learning community, you will have access to a supportive network of fellow learners. Engage in discussions, share experiences, and connect with like-minded individuals.
- **Expert Guidance:** Our courses are created and facilitated by David "Laughing Crow" Campbell, Founder and Creator of HypnoShamanic Journeying Therapy. With over twenty years of experience in Spiritual Teaching, Mentoring, and Shamanic Practice, David brings a wealth of knowledge and wisdom to your learning journey.

We are so convinced of the ease of use and easy-to-follow lessons, modules, and quizzes that we have provided a sample course with the first two lessons of the Foundational Course and a mini quiz for you to check out - [Click Here](#)

We are committed to providing you with a transformative and empowering learning experience. Whether you are a therapist, healer, counselor, or a seeker on a personal growth journey, HypnoShamanic Journeying Therapy offers profound insights and tools for healing and transformation. Join us on this extraordinary journey of self-discovery and empowerment. [Enroll now](#) and embark on a path of personal and professional growth like no other!

